

---

---

# CHILDREN'S ADORATION LEADER'S GUIDE



*"Let the Children Come to Me..."*  
~Matthew 19:14~



*COMMUNITY OF ST. JOHN*

---

---

## Endorsements

*"...Your dedication to introducing children to Eucharistic Adoration is an encouraging sign of faith and hope that helps the Church to maintain her unity around Christ. In a particular way, I am grateful for the way the Children of Hope program nurtures the faith of the young, and forms them in a devotion that will sustain them throughout their lives and makes it possible for them to join their parents and other adult Catholics in prayer..."*

**Most Reverend Francis Cardinal George, OMI, Archbishop of Chicago**

*"The Children of Hope ministry started in our Diocese of Peoria, Illinois in 1996 by the Brothers of St John and has now spread all over the world. It has greatly helped to bring thousands of children and families to Eucharistic Adoration now implemented within the Religious Education program of numerous dioceses." As Bishop of the Diocese of Peoria, I gladly bless this much needed ministry diligently carried out by the Brothers and Sisters of St John and by numerous Catholics worldwide."*

**Most Reverend Bishop Daniel Jenky, Bishop of Peoria**

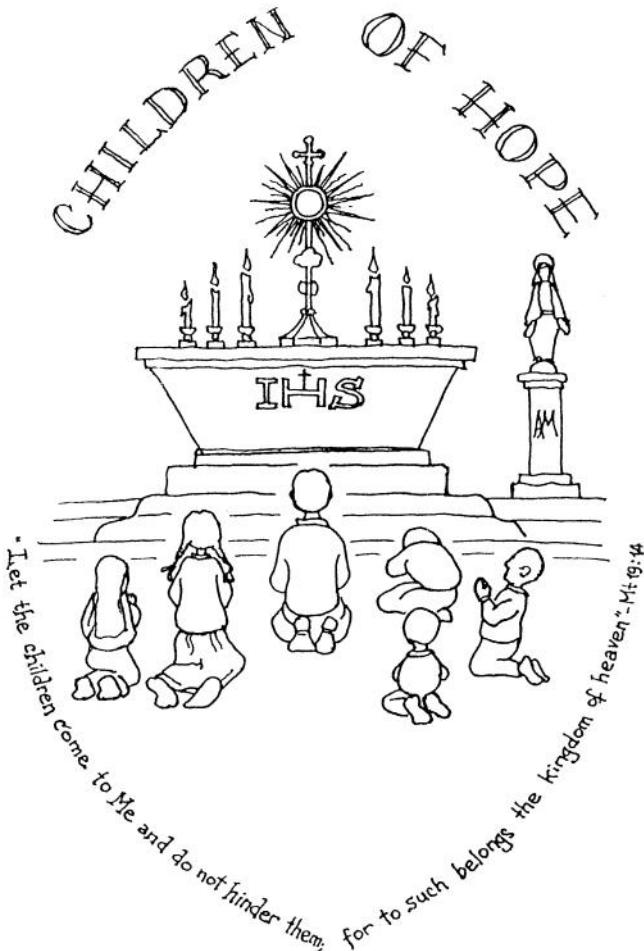
*"I am very pleased to know that thousands of children have been led into Eucharistic adoration, in Catholic schools and parishes in the past few years, through the help of the Brothers of St. John. I encourage the ministry of "Children of Hope" and I heartily recommend it to my brother bishops in their dioceses, as an apostolate of hope for children and parents, as well as catechists and priests." -*

**Most Reverend Bishop James Conley, Auxiliary Bishop of Denver**

*"As the Bishop of the Diocese of Lexington, Kentucky, USA, I am honored to endorse the Children of Hope to my fellow bishops, clergy, religious and laity. The centrality of the Eucharist in our Catholic faith and lives is undeniable. Children and whole families need opportunities to express their adoration of our Eucharistic Lord and to grow in love for Him. We are so blessed in our Diocese of Lexington to have these grace-filled opportunities. On occasion I have led the Eucharistic Devotion myself and what a powerful experience it has been for me! I encourage you to meet with Father Antoine Thomas in order to experience first hand his holy enthusiasm for this ministry and to implement it in the parishes and schools of your local church."*

**Most Reverend Ronald W. Gainer, Bishop of Lexington**

Children of Hope is dedicated to leading children into the mystery of the Real Presence of Jesus Christ in the Eucharist, so as to realize how much He loves them!



This Leader's Guide is dedicated to Jesus, our Eucharistic Lord on the Feast of Corpus Christi, June 6th, 2010 (10th edition)

## ~Table of Contents~

	Page #
Endorsements	2
Introduction	5
Pope JPII -The Importance of Eucharistic Adoration	6
Letter from Fr. Antoine Thomas	7
Pope Benedict XVI and Adoration	8
Pope JPII- Letter to Children	9
Fatima Message and Children's Adoration	10
Children's Adoration and Divine Mercy	12
Angels and Adoration	13
Saints and the Eucharist	14
Bowing Before Jesus	15
Getting Started in Your Parish School (or Parish)	16
Music	19
Setting up the Sanctuary	20
Suggested Format	21
Acts of Adoration	26
Short Phrases of Adoration	28
Suggested Prayers	29
Words From the Children	30
Prayers Answered	31
Quotes	32
Scripture Passages	33
Blessed Edward Poppe: Patron for Children's Adoration	34
Personal Testimony From Fr. Antoine	35

*"Have not the hearts of little children been created to pray, to love? Why are there so few of them who pray? Yet, several children gathered together in prayer would do for heaven marvelous things.! Children are the treasures of the Lord!" -*

**Servant of God—Marthe Robin**

# Introduction to Contemplative Prayer for Children through Eucharistic Adoration

## Purpose

To help the children discover the silent, loving Real Presence of Jesus through Eucharistic Adoration. By intensifying their desire to live each day under His loving gaze, they will seek to please Him in every detail of their lives.

## Structure

One decade of the Rosary, prayers, meditative songs taken from words of the Gospel, short verses from Holy Scripture, moments of silent adoration, short teachings, prayer intentions, thanksgiving, and Benediction if possible.

"But the hour is coming, and is now here,  
when the true worshippers will worship the Father  
in Spirit and truth. For the Father also seeks  
such to worship him. God is Spirit, and they who  
worship him must worship in Spirit and in truth."

*John 4: 23-24*

## What did Pope John Paul II say About the importance of Eucharistic Adoration?



*"I urge priests, religious, and lay people to continue and redouble their efforts to teach the younger generation the meaning and the value of Eucharistic adoration and devotion.*

*How will young people be able to know the Lord if they are not introduced to the mystery of His presence?*

*Like the young Samuel, by learning the words of the prayer of the heart, they will be closer to the Lord, who will accompany them in their spiritual and human growth, and in the*

*missionary witness which they must give throughout their life.*

*All interior life needs silence and intimacy with Christ in order to develop. This gradual familiarity with the Lord will enable certain young people to be involved in serving as acolytes and to taking a more active part in Mass; for young boys, to be near the altar is also a privileged opportunity to hear Christ's call to follow him more radically in the priestly ministry."*

**Pope John Paul II, 28th May, 1996**

## Dear Parents, Priests, and Catechists,

After many years of leading Holy Hours for children, I can tell you the benefits are numerous for both children and their families:

1. Children, who previously had only the weekly experience of Mass, discover that the Host is actually the person of Jesus, mysteriously hidden.
2. They develop a greater interest in the mysteries of our faith and the liturgy of the Mass.
3. They understand, more than other children of their age who have not experienced Eucharistic Adoration, the relationship



between the gift of the Eucharistic Presence of Jesus, and His sacrifice on the Cross out of love for mankind.

When children become friends with Jesus, by spending time with Him, they become living signs of faith in Jesus' Real Presence in the Eucharist for those who doubt, and therefore also become wonderful signs of hope for those who despair in finding God on earth!

May Our Lord bless you through the intercession of Mary, Mother of the Eucharist.

**Father Antoine Thomas, CSJ**

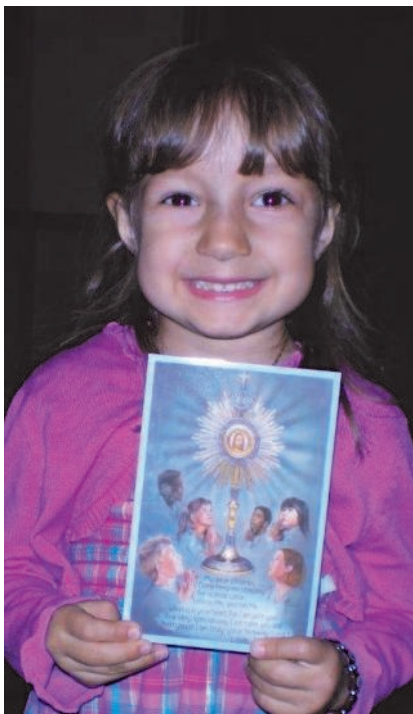
**[www.childrenofhope.org](http://www.childrenofhope.org)**

## **Pope Benedict XVI:**

*"Whenever possible, it would be appropriate, especially in densely populated areas, to set aside specific churches or oratories for perpetual adoration," he adds, "I also recommend that, in their catechetical training, and especially in their preparation for First Holy Communion, children be taught the meaning and the beauty of spending time with Jesus, and helped to cultivate a sense of awe before his presence in the Eucharist. "Sacrament of Charity"*

**March 13th, 2007**

*"Yesterday evening we came together in the Presence of the Sacred Host, in which Jesus becomes for us the bread that sustains and feeds us (cf Jn 6:35), and there we began our inner journey of adoration. In the Eucharist, adoration must become union.*



*(...) It refers to the gesture of submission, the recognition of God as our true measure, supplying the norm that we choose to follow. It means that freedom is not simply about enjoying life in total autonomy, but rather about living by the measure of truth and goodness, so that we ourselves can become true and good."*

**August 21st, 2005**

**WYD-Cologne**



## **Pope JP II "Letter to children in the Year of the Family"**

*".....For how many children in the history of the church has the Eucharist been a source of spiritual strength, sometimes even heroic strength! How can we fail to be reminded, for example, of holy boys and girls who lived in the first centuries and are still known and venerated throughout the Church?*

*St. Agnes, who lived in Rome; St. Agatha, who was martyred in Sicily; St. Tarcisius, a boy who is rightly called the "martyr of the Eucharist" because he preferred to die rather than give up Jesus, Whom he was carrying under the appearance of bread.*

*And so down the centuries, up to our own times, there are many boys and girls among those declared by the Church to be saints or blessed.*

*Just as Jesus in the Gospel shows special trust in children, so His mother Mary, in the course of history, has not failed to show her motherly care for the little ones. Think of St Bernadette of Lourdes, the children of La Salette and, in our own century, Lucia, Francisco and Jacinta of Fatima....*

*It is absolutely true: Jesus and His mother often choose children and give them important tasks for the life of the Church and of humanity. I have named only a few who are known everywhere, but how many others there are who are less widely known!*

*The Redeemer of humanity seems to share with them His concern for others: for parents, for other boys and girls. He eagerly awaits their prayers.*

*What enormous power the prayer of children has! This becomes a model for grown-ups themselves: praying with simple and complete trust means praying as children pray...." **Christmas 1994***

## What is the relationship between Children's Adoration and the Message of Fatima?

When the angel first appeared to the shepherd children, Lucia, Francisco, and Jacinta in Fatima, Portugal, it was to prepare them for the mission which Our Lord had planned for them. It would be given to them of course through our Blessed Mother. The angel taught the children to adore!

*"Don't be afraid. I am the Angel of Peace. Pray with me."* He then knelt on the ground, bending forward until his forehead touched it, and prayed:

*"My God, I believe, I adore, and I love You! I beg pardon of You for those who do not believe, do not adore, do not hope and do not love You!"* He said this prayer three times. When he stood he then said to the children: *"Pray thus. The hearts of Jesus and Mary are attentive to the voice of your supplications."*



Saying that, he vanished from sight. The children were overwhelmed and in a state of ecstasy. They repeated this prayer for a long time as the angel had done - on their knees.



Several weeks later, the angel appeared again and requested that they pray a great deal, offer sacrifices to the Most High and accept whatever sufferings which the Lord sent to them. In his third and final appearance in October, the angel brought with him a Chalice and suspended above it, a Host. Before offering the Host to Lucia, the only one who had received First Communion, he prostrated himself on the ground and said:

***"Most Holy Trinity, Father, Son, Holy Spirit, I adore You profoundly and offer You the most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the earth, in reparation for the outrages, sacrileges, and indifference with which He Himself is offended. And through the infinite merits of His Most Sacred Heart and of the Immaculate Heart of Mary, I beg of You the conversion of poor sinners."***

He repeated this prayer three times and then rising up, lifted the Host before his eyes and said: "Take and drink the Body and the Blood of Jesus Christ, horribly insulted by ungrateful men. Make reparation for their crimes and console your God." With this, he gave the Host to Lucia and let the other children drink from the Chalice.

The response of these children should be an inspiration to children everywhere today to long to console the Heart of Jesus, so wounded! And, to make reparation for the sins of so many who even today are on the brink of hell. That theirs prayers and sacrifices can do this is certain! Our Blessed Mother asked Jacinta, after she had offered so much for poor sinners, if she was ready to go to Heaven now, or would she like to stay awhile longer and "save more souls!" This mission remains today for our children!

## Children's Adoration and Divine Mercy

Jesus Himself gave the Divine Mercy Novena to St. Faustina. On the sixth day He reveals how He received comfort and strength during His bitter agony. He looked ahead throughout the ages and saw all the children who would adore Him.



**Sixth Day of the Divine Mercy Novena:** *Today bring to Me the Meek and Humble Souls and the Souls of Little Children, and immerse them in My mercy. These souls most closely resemble My Heart. They strengthened Me during My bitter agony. I saw them as earthly Angels, who will keep vigil at My altars. I pour out upon them whole torrents of grace. I favor humble souls with My confidence.*



## Angels and Adoration

You may have grown up saying the prayer to your Guardian Angel each night before bed.

How much do you still think of this dear friend that God created just for you? Children are fascinated by stories of the Angels. There are stories in the Bible you can read to them, and other sources such as the book on St. Padre Pio and the angels

God created all the angels together in the beginning. He gives a Guardian Angel to each person to walk beside you during this earthly journey.

*Each child, while adoring Jesus during the Holy Hour, has his own angel beside him adoring God profoundly.*

By teaching the children to become accustomed to praying with their angel and invoking their angel daily, you will have helped them develop a lifelong friendship that will last throughout eternity!

### **Prayer of the Angel of Fatima**

O my God I believe, I adore, I hope, and I love You. I beg pardon of You for those who do not believe, do not adore, do not hope and do not love You. *(First Apparition of the Angel in 1916)*

(For more about Angels please read in the CCC #328 - 336)

## Saints and the Eucharist

It's very important to learn about the different Saints and Blesseds. As their feast days follow along the liturgical calendar, you can make use of the wonderful stories of their lives. One thing you can say about all the Saints and Blesseds is that they loved the Eucharist with all of their being while on earth. And of course, they still love the Eucharist and long to help the children to love Jesus in the Eucharist, too.

The Saints aren't boring. In fact, they are so far from it—from St Joseph of Cupertino who levitated over 30 feet off the ground, to St Philip Neri, who loved God with such intensity that his heart-beat shook the ground (he is the patron saint for earthquakes)! They have stories that are incredible, yet while unlike all the fantasy that children are used to, these stories are true! Their lives can be used to show every virtue, deep commitment to Jesus, and of course love for our Eucharistic Lord. As you know, there are Saints for every day of the year. Some days have several to choose from.

We encourage you to teach them about the Saints! Prepare each week by finding out about a Saint or Blessed whose feast day is coming up. Especially focus on how this Saint manifested his or her love for Jesus in the Blessed Sacrament. And, teach the children to invoke the Saints for all their needs.



## Bowing Before Jesus in Eucharistic Worship

Our God has humbled Himself to come down and be with us in the Blessed Sacrament. We can do our part to show Him that we love and respect this awesome gift. When we make this profound bow, we make ourselves very small and humble before Jesus.



This gesture of humility and respect before the presence of God was performed by Abraham, our Father in Faith, and by Moses, as well. It has continued throughout the centuries as a way to show reverence to our God.

Pope John Paul II said, *"It is for me a motive of special joy to prostrate myself with you before Jesus in the Blessed Sacrament, in an act of humble and fervent adoration, of praise to the merciful God, of thanksgiving to the Giver of all that is good, of supplication to Him Who is always alive to intercede for us."*  
**(45th IEC, Seville, Spain, June 1993)**

## Getting Started in Your Parish or School

Parishes and schools across America and the entire world are bringing children to adore Jesus in Eucharistic Adoration at a Children's Holy Hour in the parish or during the school day. What a great break for both students and teachers to be able to have this time of prayer. It works to bring a more peaceful, grace-filled day in your school, classrooms, and families. And, you will see how these children come to a deeper appreciation for Holy Mass and a firm commitment to Jesus in the Blessed Sacrament throughout their lives.







In the Diocese of Wichita, Kansas, for example, nearly every Catholic School now has adoration for the students! Some schools offer it weekly and others bimonthly and, some offer it First Fridays all day. By incorporating Adoration into the religious formation in school, you open a whole new world of contemplative prayer for these children, many of whom may have never been to Adoration before. These children can come before Jesus in the middle of a school day just for a visit, to pray, adore Him, thank Him for His presence among us. They pray for Peace in the World, for vocations to Priesthood and religious life, for their teachers and all the burdens they carry. They pray for their own families.

## It's Easy to Get Started!

Here are a few suggestions that have helped others.

Talk with your principal and pastor to see if they are open to it.

Find a day that fits in the schedule. Be sure to check with the church office to see what things are regularly scheduled in the church such as cleaning. These might need to be rearranged.

If you have perpetual adoration you can bring Jesus into the main church and the regular adorers can be there so the classes can come and go. (more tips on our website)



## Music



It is not necessary for the music to be elaborate and sophisticated to have an effect. The purpose is to have meaningful songs that are, if possible, based on the Word of God. Our goal is to help the children to enter into a silent adoration and a personal encounter with Jesus.

The key is to find one or more persons who have a certain musical talent and discernment, and can dispose the children to enter into prayer.

Visit our website for more ideas and music available.



## Suggestions for Setting Up of the Sanctuary

For a weekly family Holy Hour in your parish, a statue of Our Lady may be placed near the altar, slightly turned towards the Blessed Sacrament, as the Virgin Mary stood by the cross.

You may want to set it up whereby a different family would take the image/statue every week and pray to the Virgin Mary with their family and friends for the week, and then returns the image at the next adoration time.



## Suggested Format for the Holy Hour

(General norms for the worship of the Eucharist are found in *Holy Communion and Worship of the Eucharist Outside Mass*, published by Catholic Book Publishing Co., 1976. It is important that those who plan a children's Holy Hour be familiar with the teachings and rubrics of this ritual text. What follows are only suggested adaptations for children that are in harmony with the official ritual book. You can mix and match ideas and tailor them to fit the desires of your group. The amount of time spent in silence will vary according to the ages of the children attending. Some weeks you may have more younger children, so your periods of silence will not be as long. When there are more older children present you will of course be able to have longer periods of silence)

You may either gather before Jesus exposed in the Monstrance or before the Tabernacle in your parish sanctuary.

**Introducing Words** - the priest or the leader can start with a few words to help bring the children's hearts and minds to Jesus.

"Jesus is here : we believe that Jesus' is truly present in the Blessed Sacrament. We want to express our belief, this is why we make this Act of Faith." (Pray an Act of Faith)

**Pray a decade of the Rosary.** "Remember children, Mary is always here adoring her son, Jesus, with us." Let the children take turns saying the Hail Mary's. Finish with a Glory Be and My Jesus. For a CD with Eucharistic Rosary meditations by Brothers of St John visit our website.

### Song

**First bow and prayer in silence** - "When we bow down we make ourselves small and humble in our adoration of our God."

**Meditation** - "Jesus is truly present in the Eucharist, our God is hidden. How great is His love for us and the love that He continues to give us. He waits for us day and night in that little Sacred Host."

**Contrition** - speak to about how even though we try to be good we sometimes offend God. Think of the little ways we might have offended Him recently; give a few examples of small things. Then we ask Jesus to forgive us for the things we have done that were wrong. Speak to Him in the silence of your heart. Silence for a bit and make an Act of Hope.

### **Song**

**Second bow before God** - Stay in silence for a minute or two while the children are encouraged to tell Jesus of their love for Him in the silence of their hearts.

**Mercy for Others**-God loves us and forgives us when we are sorry and ask for His mercy. He also likes for us to ask for mercy for those who offend Him and are hard of heart. These are poor souls who need Gods mercy so much but do not know of His love yet. We ask for mercy for them. Remind them of the story of Fatima and pray Fatima Prayers.



**Prayer of the Angel of Fatima** *(taught to the children by an angel)*

*"Most Holy Trinity, Father, Son, Holy Spirit, I adore You profoundly and offer You the most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the earth, in reparation for the outrages, sacrileges, and indifference with which He Himself is offended. And through the infinite merits of His Most Sacred Heart and of the Immaculate Heart of Mary, I beg of You the conversion of poor sinners."*



**Reading from the Holy Gospel, story of a Saint, or the history of the Eucharist** - Ask the children to take a moment of silence to reflect on what they have just heard.

**Act of Thanksgiving** - You can ask the children to make their acts of thanksgiving individually to God for: family, health, friends, etc. *(Act of Love)*

**Song**- Encourage the children to make this song a gift of love in thanksgiving for all they have received from Jesus.

**Third bow before God** *(in silence)* This time you can invite them to stay in a little more time of silence *(4-5 minutes)*; and to close their eyes to receive the loving gaze of Jesus upon them. You may ask them to choose something that they would like to do for Jesus that week, like the young Francisco, a sacrifice of love to the wounded Heart of Jesus.

## **Last prayer before Benediction**

Jesus, though I must soon leave your Eucharistic presence, I will carry your divine love to everyone I meet. Because you give so much love to me, help me not to be selfish. Bless me as I will try to share your love with my parents, my brothers and sisters, my classmates and friends, and everyone. Help me to respect and love them, accept them as they are and not as I would like them to be. May your blessing, dear Jesus, help me to please you in everything I do. Bless my family and friends too. Thank you, Jesus. I will visit you again soon, because I know you will be here waiting for me.  
Amen.

## **Prayer for the souls in Purgatory** (Prayer of St. Gertrude the Great)

"Eternal Father, I offer Thee the most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family." Amen

## **Spiritual Communion** (Can be said anytime during the hour)

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.







### **Silence or Song to the Virgin Mary**

A **“Good-bye” to Jesus** - to thank Him for blessing them, to thank Him for the day, for the time spent together, for His True Presence, etc. Then the priest or deacon reposes the Blessed Sacrament while the children sing a last Praise Song.

**Blessing/Closing** - Before leaving the chapel, make the sign of the cross, genuflect, and say good-bye.



## Acts of Adoration

*(Visit our website for more )*

**Jesus our God**, we adore You - here present in the Blessed Sacrament of the Altar -where you wait day and night to be our comfort, while we look forward to Your unveiled Presence in Heaven.



**Jesus our God**, we adore You in all places where the Blessed Sacrament is reserved, especially where You are little honored and where sins are committed against this Sacrament of Love.

**Jesus our God**, we adore You for all time, past, present, and future, for every soul that ever was, is, or shall be created.

**Jesus our God**, who for us has endured hunger and cold, labor and fatigue - we adore You.

**Acts of Adoration:**

**(Taken from the writings of Pope John Paul II)**

**Jesus our God, Living Bread of Heaven - we adore You.**

**Jesus our God, Love of the Father - we adore You**

**Jesus our God, Life and heart of the Church - we adore You.**

**Jesus our God,  
Source of  
Holiness - we  
adore You.**

**Jesus our God,  
Radiant Mystery  
of Faith - we  
adore You.**

**Jesus our God,  
Poured out for us  
- we adore You**



**Jesus our God, Source of Charity - we adore You.**

## Short Phrases of Adoration

- *Lord, I adore You. I bow in Your Presence.*

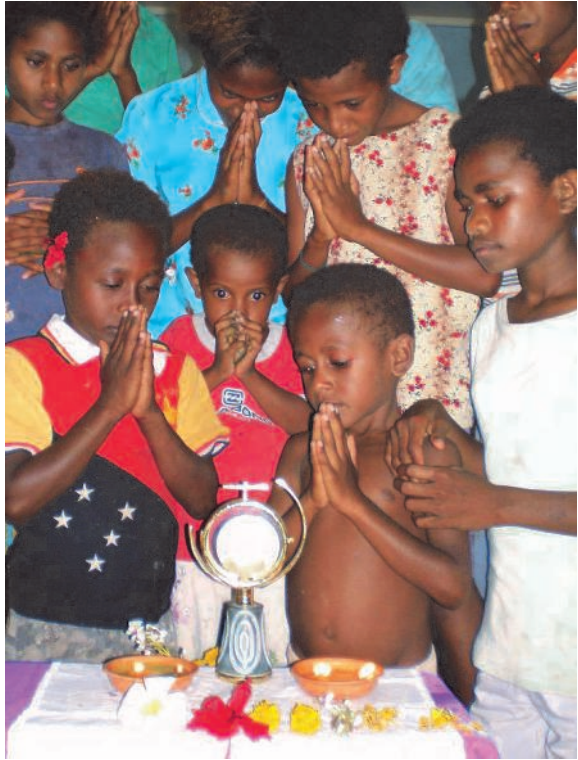
Look at the Host and the crucifix. What is the difference?

- *Jesus, speak, I am listening.*

Whisper your love for me in my heart.

- *Thank you Jesus, for loving us so much!*

My God, My God,  
I love You in the most Blessed Sacrament!



- *Jesus is gazing at you with so much love!*

Your heart is like a little cup which you hold before Jesus in the Blessed Sacrament. Ask Him to fill you with His grace, His Peace and His love. In turn, you must share this love with others.

- *Come now, come and bow, before the Lord Our God!*

## Suggested Prayers for the Holy Hour

### **Act of Faith**

O my God, I firmly believe that you are one God in three divine persons, Father, Son, and Holy Spirit; I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because you revealed them, who can neither deceive nor be deceived.

### **Act of Hope**

O my God, relying on your infinite goodness and promises, I hope to obtain pardon of my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

### **Act of Love**

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

## Words from the Children

**"What do you think is the major difference between adoration and mass?"**

- *"That we are closer to Jesus, who is present in front of us."*
- *"That it is a time of silence"*

**"What is your favorite thing about Adoration of Jesus?"**

- *"The look of God, the voice of Jesus, to pray in silence, and to be in the presence of Jesus."*
- *"When we prostrate ourselves and talk with Jesus, I like to look at the Eucharist."*
- *"When we kneel, the peace and the silence."*



A little boy was in the chapel for his first Holy Hour for children and afterwards, thinking he must be tired, his mother asked if he was ready to go, he said "Can we stay a little longer Mommy, I am not through talking to Jesus!"

## Prayers Answered

My dear friend and her son began to attend the children's Holy Hour at our Parish in Wichita, Kansas, with the intention of praying for her daughter who was to be married outside of the Church.

At first, they just mentioned this "special intention", not wanting everyone to know her sorrow, and for weeks this little boy prayed for his "special intention" and asked Jesus to help his sister.

He asked his mother often if his sister had come back to the church, and his mother answered, "No dear, please keep praying". After awhile they shared with the group, and this special intention was shared by all who prayed for her and those in our own families who have fallen away.

After a year, my friend got a call from her daughter who said, "Mom, I have come to believe that the Eucharist is really Jesus, and that only the Catholic Church has this!" Imagine her surprise and joy! She had gone to confession, was going to Mass again and was to be married in the Church that spring! It was a little wink from Jesus!

So excited from this joyous news, the next week this little boy began praying for his future Brother-in-law to join the church and become a Catholic. Each week again for over a year he lifted this man in prayer before Jesus and all the children prayed. After 15 months, on Christmas day, this man announced he had begun RCIA 3 months earlier and would be joining the church at Easter!

How can Jesus resist the purity and trust these little ones have in Him?  
-Sandy, Wichita, Kansas

*"Angels pray in the midst of children and join in their petitions. They are near the Lord. They are treasures!" -*

**Servant of God -Marthe Robin**

## Quotes

*"If I can give you any advice, I beg you to get closer to the Eucharistic Jesus... We must pray to Jesus to give us that tenderness of the Eucharist."*

**Bl. Mother Teresa of Calcutta**

*"How many of you say: I should like to see His face, His garments, His shoes. You do see him, you touch Him, you eat Him. He gives Himself to you, not only that you may see Him, but also to be your food and nourishment."*

**St. John Chrysostom**

*"When you have received Him, stir up your heart to do Him homage; speak to Him about your spiritual life, gazing upon Him in your soul where He is present for your happiness; welcome Him as warmly as possible, and behave outwardly in such a way that your actions may give proof to all of His Presence."*

**St. Francis de Sales**

*"To keep me from sin and straying from Him, God has used devotion to the Sacred Heart of Jesus in the Blessed Sacrament. My life vows destined to be spent in the light irradiating from the tabernacle, and it is to the Heart of Jesus that I dare go for the solution of all my problems,"*

**Bl. Pope John XXIII**





## Scripture Passages

Reading from the very words of Jesus in the Scriptures encourages the children to listen to His voice, and to become familiar with the voice of God in the Holy Gospels.

Below are a few you can read during the Holy Hour.

For a longer list please visit our website.

- John 1:18-Who is Jesus Christ?
- John 1:37-39 -John encounters Jesus.
- John 3:16-What is the sign of God's love for us?
- John 6 -Jesus gives us his body and blood.
- John 9 -Jesus heals a blind man
- John 10:11-15 -Jesus loves us, his little sheep.
- John 11-friends; He asks us to believe in him.
- John 12 -M.Magdalen loved Jesus in silence.
- John13:34-35-The last commandment of Jesus.
- John14-Jesus prepares a place for us?
- John 14:21-24-Sign that we truly love Jesus?
- John 15:15-Am I a true friend for Jesus?
- John19:25-30—holy 3 hours w/Mary at the Cross.
- John 20:19-23 -Encounter with Jesus resurrected.

## **Blessed Edward Poppe**

### **A Patron for Children's Adoration**

Blessed Edward had a great love for children and wanted to bring them to love Jesus in the Holy Eucharist:

In his goal to sanctify children through the Eucharist, he conceived the plan of a League of Communion which would be "an association of children who love Jesus and wish to sanctify themselves in mutually supporting one another and showing a good example everywhere." In the League's meetings, which his pastor permitted him to establish, Edward started from the principle that children must not have a watered-down, half-Gospel preached to them, as some priests do for fear of rebuttal, but the full Gospel, Christian perfection. For that, each can count on the grace that comes to us especially from the Eucharist. In June 1917, the Children's Communion League counted 90 members already. Piety flourished again in the parish. Edward was overjoyed. For the Feast of the Sacred Heart, 21 children aged 5 and 6 made their First Communion. They came from poor families, and the mothers wept with joy.

**Ask Blessed Edward to be with you and help you to lead the children. Ask too, that he obtain graces for the children for a deep love of the Holy Eucharist!**

You can learn more about him on our website!



## Personal Testimony of Fr. Antoine

*"At the age of 17, I saw myself as a good practicing Catholic, but still not a friend of Jesus!*

*It was not until I went on a hiking expedition , and after Mass, the priest exposed Jesus for a time of adoration. This was the beginning of my desire to spend time before Him , realizing that an hour a week at Mass was not enough!*

*After my time in the Military, I began to attend daily Mass. I wanted to arrive earlier for Mass to have time to recollect and began to stay longer after Mass in silent Thanksgiving. It was this time spent in adoration that awakened my vocation, and led to my joining the Community of St John.*

*So, I encourage all of you to lead children to spend few moments with Jesus hidden in the Tabernacle every day after school, after work or whenever it is possible for you. God will bless you and all your family. Is there, indeed, a more important mission for parents, priests, catechists, than the one of making Jesus known and loved?"*

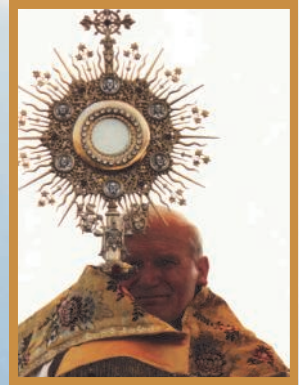
*Fr. Antoine Thomas, CSJ*



“I also recommend that, in their catechetical training, and especially in their preparation for First Holy Communion, children be taught the meaning and the beauty of spending time with Jesus, and helped to cultivate a sense of awe before His presence in the Eucharist.”

~Pope Benedict XVI~

March 13th, 2007



“I urge priests, religious and lay people to continue and redouble their efforts to teach the younger generations the meaning and value of Eucharistic adoration and devotion. How will young people be able to know the Lord if they are not introduced to the mystery of His presence?”

~Pope John Paul II~

May 28th, 1996

## CHILDREN OF HOPE



A MINISTRY OF THE

COMMUNITY OF ST. JOHN

[WWW.COMMUNITYOFSTJOHN.COM](http://WWW.COMMUNITYOFSTJOHN.COM)

Children of Hope  
11223 W. Legion Hall Rd.  
Princeville, IL 61559

[WWW.CHILDRENOFHOPE.ORG](http://WWW.CHILDRENOFHOPE.ORG)



“Jesus is calling you  
dear children and families!  
Come quickly and adore Him!”  
~ Fr. Antoine Thomas~